



2015-2016 Boys Team Handbook

To use excellence in athletics as a
platform to teach the habits of success.

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Welcome To Our Team!

Welcome to the place where a lifetime of dreaming about helping children has become a reality. It has become our dream to operate a high caliber gymnastics program; a program that stands for quality; a program that rightfully earns the respect of the community and hopefully one day, the nation. TEAM is the second step in our process and now YOU are a vital part of that process and an important part of our DREAM.

Welcome to the place where children can live their own dreams and a place where very special people (YOU and the Chameleon Staff), help those children to accomplish great things. Here is a place where, as a team: the athlete, the coaches and the parent, are encouraged to work together to make accomplishing those dreams fun, challenging and efficient.

Welcome to a place where perfection is the goal, but by no means does that mean YOU have to be perfect. Growth at any level comes from pushing through perceived limitations. Where there is growth... there are going to be mistakes. Please be prepared to make mistakes... learn from them... and grow.

Welcome to a place where it is sincerely believed that the sum of the parts IS greater than any one individual. Our dream has become reality because of good people working together to do good things for kids, each other and the company. Working together as a team makes the task at hand more productive and certainly more enjoyable.

Thank you for sharing your gymnasts with us!
Sharon and Chris DeVries
Owners – Chameleon Gymnastics

General Philosophy

Chameleon Gymnastics was founded with the belief that gymnastics is not only the root of all sports but more importantly a vehicle with which we can deliver lifelong carry-over skills that will assist in the overall development of every child in our program. Gymnastics, when taught properly, can be the catalyst for a productive life while at the same time delivering a lifelong knowledge of physical fitness. Jumping, rolling, running, strength and flexibility are the basic aspects of many sports. No better foundation can be laid than one built on the basic attributes of gymnastics. Many of the most established nations still use gymnastics as the core of their physical education systems.

Physical skill development is certainly a bi-product of a good gymnastics program. Gymnastics as a sport, however, is an age limited experience. You won't find many people over 30 flipping and swinging away their afternoons. With this in mind Chameleon has made it a primary goal to insure that our program delivers more than just pure physical development. Gymnastics inherently teaches its' users self esteem, self motivation, self discipline, dedication, determination, work ethic, time management, team work, team spirit, leadership, sportsmanship, respect for danger, respect for others, poise, and grace. When our students are done turning those cartwheels they will have an established base of skill that will undoubtedly assist them throughout the rest of their lives. We measure our success not by the number of trophies on the wall but rather what each child can take with them once they leave the sport of gymnastics.

Chameleon Gymnastics believes that children are the world's most precious gifts. Our goal is to see to it that every child who participates in our program receives the same quality instruction, regardless of their ability. Accomplishing this insures that each child will feel as special as they truly are.

In all actuality we at Chameleon are really not marketing gymnastics, although we are very good at that, we are marketing FUN, PHYSICAL FITNESS, RECREATION, THRILLS, CHALLENGES, EXCITEMENT, and most of all CHILD DEVELOPMENT.

Competitive Team Philosophy

With the aforementioned being said, Chameleon will always be dedicated to producing national caliber gymnasts. This does not mean, however, that every child in our program must have a burning desire to someday be an Olympian. Quite the opposite! The staff at Chameleon will treat each athlete's goals and aspirations individually. Some kids haven't any desire to train at an elite pace, nor should they have to in order to be a valued part of our competitive team program. Workout structure, training time and intensity can be altered and adjusted in order to meet each child's needs. This is not to say that the staff at Chameleon will accept mediocrity in training. We will always run a structured, disciplined program as it is our belief that gymnastics is too costly and far too dangerous to have training be nothing other than glorified baby-sitting sessions. Our staff will demand respect and a strong work ethic from our athletes. We will not however participate in humiliating or ridiculing a child in order to get our goals accomplished.

Another fundamental belief is that we want our club to be as family oriented as possible. The coach, athlete, parent cooperation, communication triangle is essential in the development of the TOTAL child/athlete. Parent/athlete concerns should be viewed by the staff as a way of gaining insight as to how to better reach the child and not as an assault on our authority. If we handle concerns with compassion and in a genuine caring manner; the return on investment will be well worth the while.

The staff at Chameleon must be willing to shoulder the MAJOR responsibility of being a role model for our athletes. The number of hours that we are exposed to our athletes dictates that we will be a major contributor in their overall development as a person. This is a responsibility that cannot be taken lightly, after all these are children, the world's most precious gifts!

Chameleon is teaching your athlete valuable character traits including:

- *Accountability
- *Selflessness
- *Team Work
- *Dedication
- *Integrity

Resources

The following information will help you and your child understand the world of competitive gymnastics and is designed to keep you informed of our expectations and guidelines for participating at each level. This handbook has been compiled to give our prospective team members and current team members a complete look at our competitive team program. Competitive gymnastics requires a great deal of support both in training and in competition.

What is Competitive Team?

Competitive team membership is for the child who wants more of the sport than can be achieved by participation in our recreational program.

Membership in our competitive team program results when a child has completed a testing process and is invited to the team. The majority of our competitive team members are from our recreational program. Competitive team requires more dedication and commitment on the part of the child, the parent and the coaching staff.

Our national governing body, USA Gymnastics, directs competitive gymnastics. USAG has two distinct programs: Junior Olympic and Elite. The Men's Junior Olympic Age Group Competition Program provides training and competitive opportunities for beginner to elite gymnasts from ages 5 to 18.

The Junior Olympic Program is organized into 10 different levels of training or competition. Each level has multiple age groups and opportunities for participation and competition. Competition is carried out at the local, state, regional and national levels through USA Gymnastics sanctioned invitational meets and championship level meets. For Levels IX

and X, the season culminates at the Men's Junior Olympic National Championships held in May of each year. For elite level athletes, the culminating event is the USA Gymnastics National Championships.

The Junior Olympic Age Group Program is organized into the following three areas:

A. Basic Skills Achievement Program (BSAP)

The Basic Skills Achievement Program (BSAP) covers Levels I, II and III and is designed to help advance a gymnast from the day he enters the gym until he is prepared to participate in the Age Group Competition Program and the National Team Program. It was conceived as the entry-level of an overall skill and competitive development system. The program includes many of the skills from the entry-level competitive routines, preparing the gymnast for the Age Group Competition Program.

B. Age Group Competition Program

The Junior Olympic Age Group Competition Program consists of seven levels. The first three levels, IV through VI, continue the BSAP's progressions from simple to more complex movements. The intermediate level, VII, encourages the transition from compulsory to optional routines at an appropriate age. These routines require a specified level of difficulty but instead of imposing the FIG combination requirements they require event specific skills. These skills provide logical bridges between the lower and higher level routines. The advanced levels, VIII, IX and X require the gymnast to fulfill most FIG requirements.

C. Junior National Team Program

The Junior National Team Program provides for the identification and selection of our elite junior athletes. The program includes the Junior Development Team selected through the Future Stars Program, the Junior National Team and the Junior Elite Team. The program objectives are to:

1. Simplify the competitive path for our junior athletes and elevate the importance of successful competition;
2. Create an educational evaluation system that emphasizes international competitiveness;
3. Involve the personal coaches in overall program planning and organization as well as individualized athlete planning and;
4. Educate the coaching community in the basic principles of coaching and the development of the elite athlete.

Competitive Team and Pre-Team Requirements

Chameleon Gymnastics would like all team families to know how very much we appreciate your support. We have become very close to many families involved in our programs and sincerely hope to build even more lasting friendships in the future.

With that said, we must also remind you that we are running a business and like any successful business, there are established policies regarding payment for services rendered. We pride ourselves on our user-friendly style; while at the same time maintaining sound business practices.

Monthly Tuition	Due the 1 st of every month
Early Pay Discount	\$15.00 discount if paid on or before the 1 st of the month
Family Discount	Families with more than one child participating currently in our program will receive a 10% discount. The highest tuition rate will be charged at 100% with 10% being taken off of any subsequent tuition charge.
Late Payment Penalty	Tuition is considered late as of the 8 th of each month and will be assessed a late payment fee of \$20.00
Outstanding Payments Penalty	There will be a 1.5% interest charge per month on any late invoices.
Refund Policy	Chameleon Gymnastics does not offer refunds for any reason nor do we pro-rate for missed training sessions. Monthly tuition is determined by considering the cost of the total program for the year and not a per-hour charge. The total cost is divided into 12 equal month payments regardless of the number of training hours during that month.
Annual Membership Fee	\$35.00 per child (due upon enrollment and then annually on your anniversary date)
Annual Team Fee	Equal to one month's tuition. Due on August 15th of each year. This charge helps offset the cost of expenses such as administration, coaches planning time and training, phone, copying and team equipment purchases, newsletters and more. New to team: Aug. 1 st – Jan. 31 st = pay 100% New to team: Feb. 1 st – April 30 th = pay 75% New to team: May 1 st – June 30 th = pay 25%
Team Fund	\$150 per gymnast. These funds are used to offset the expenses related to miscellaneous team events; such as banquet, parties and coach gifts, etc. Due January 15th of each year. <i>*For those joining the team after January, the amount due will be dependent on the time of year and which team is joined.</i>
USAG Membership	Each competing member of our program, Levels 3-10 are required to purchase an annual membership in our governing body, USA Gymnastics. Membership fees are set by USAG and paid to Chameleon on June 15 th of each year. Membership in USAG provides secondary insurance during competitions, a membership

	magazine and training for coaches.
Meet Fees	This fee will be determined by the number of competitions selected and will be due before the competition season begins. Meet fees include the entry costs for each gymnast for each meet as well as the transportation, lodging and per diem for the coaches attending the meets, and administrative costs for managing the competitive season.
Summer Camp	Chameleon team members are expected to attend at least one week of summer camp. This will be sponsored by our gym during June or July. No training is available during camp. We are also looking at the possibility of offering the opportunity to travel to an out-of-state camp during the summer.
30 Day Notice	Chameleon Gymnastics requires an “IN WRITING” one month notice should your child decide to retire from our program. Due to the cost of supporting a competitive team member and the commitment we have extended to our coaching staff, it must be understood that it is your responsibility to notify the owners of the club 30 days prior to your child leaving the gym. During that month of notice, your child is welcome to train in the gym. We have often found that during this period of notice, the gymnast, together with our coaching staff, are able to find a resolution to their concerns. Failure to provide payment in lieu of notice is considered a serious breach of contract with Chameleon Gymnastics.
Year-round Commitment	Although we encourage families to vacation together, it is our policy that competitive team members consider training at Chameleon Gymnastics to be a year-around commitment. Your commitment to a 12-month training cycle insures consistency in coaching and greater progress towards achieving goals. A gymnast’s membership is analogous to membership at health clubs and country clubs. If you are a member of any club, your dues are payable regardless of attendance or frequency of use.
Make-Ups	Make-Ups are NOT provided for team practice. If you miss a class due to a meet in which you are competing, there will be no make-up. Your time at the meet is considered your workout for that day.
Facility Maintenance	Keeping our facility looking its best is a never-ending process. Given the scope of the task, it becomes necessary to require daily assistance from staff and team members. We request that each and every gymnast make a conscientious effort to be responsible for his or her own clean up as well as helping out with the daily “power clean”. Team coaches will organize this power clean at the end of each practice. This entails picking up trash, drinking cups, straightening mats, stacking spotting blocks, pickup up weights, etc. Chalk misuse and drink spills seem to be the most common problems in keeping our facility clean. We ask that staff monitor

	the use of chalk and that all drinks be kept n spill-proof containers.
Team Attire and Grooming	Chameleon Gymnastics team members are expected to not only act, but also look respectable when representing our team. While in the gym, team members should dress in a leotard. When you are called on to represent the club at a meet or while traveling with the club, your respective coach will determine the attire for that situation. Please remember that your demeanor, grooming and attitude represent the name Chameleon Gymnastics, and a high standard of behavior is expected.
Competition Uniform	Consisting of a competition shirts, shorts, pants and socks, and team warm-ups. Orders will be placed 3-4 months prior to competition season.
Outstanding Obligations	It is assumed that all outstanding financial obligations associated with Chameleon Gymnastics will be handled in a professional and prompt manner. Obligations extend through the 30 day notice period in regards to Tuition to Chameleon Gymnastics. These considerations should weigh in heavily when accepting team obligations and or considering mid season departures.

Payments

Although it is not mandatory, team families are **STRONGLY ENCOURAGED** to participate in our auto-pay program to insure your child's continued participation in the team program. A child's absence from the gym is not cause for late payment. If your child is absent for any reason, please mail your payment to the gym. Chameleon Gymnastics reserves the right to terminate lessons, practices, and/or competition until such payment is made and brought to current.

****Competition fee payments that are late will incur a 10% penalty on the balance owed for any past due amounts. It is imperative that competition fees be paid on time since payments are due to the various gyms for meets in a timely manner. Gymnasts are not eligible to compete until all competition fees are paid in full.**

Team families are required to have a credit card on file. If there is an outstanding balance on your account for greater than 30 days, the card will be charged for the full balance due. Families can also indicate whether or not they would like us to automatically charge any team related fee to their card.

Holidays/Vacations

Normal observed holidays are: New Year's Day, Memorial Day, July 4th, 1 week summer break, Labor Day, Thanksgiving Day, Christmas and New Year's Eve. Please check with the gym's calendar to see about any other scheduled closures.

The coaching staff will not interfere with family decisions. Vacations, religious holidays, school activities, punishment, etc. are valid reasons for missed classes; however, we all need to remember that **the amount of class time attended is generally proportionate to the level of proficiency exhibited in competition. Therefore, good class attendance is necessary for a maximum performance in gymnastics. We ask that vacations not be taken during season. This disrupts the rhythm of practice which may affect confidence levels and thus performance. The coaching staff appreciates the effort to schedule vacations to coincide with gym closures.**

Injury and/or illness

Injury is a reality of athletics, and illness is a fact of life. Pro-ration for injury and/or illness will not be considered for less than one month. If absence occurs for more than one month due to injury and/or illness, then we will be as fair as possible in adjusting monthly fees until activity resumes. Since the inception of the team program, there have been very few injuries that have kept a student out of the gym. There is almost always something that the child can do to enhance their performance that will not aggravate the injury. If more than a month of classes is going to be missed, a physician's documentation may be requested.

Refunds and credits

Chameleon Gymnastics will not make cash refunds for any reason. If you receive a credit due to injury or illness, it will be credited to the next month's balance. If a student drops out, monthly payments, team fees, and registration/insurance payments will not be refunded. If a student is dismissed from the team program, the remainder of that month's fees will not be refunded unless there are unusual circumstances involved.

Membership

If a student is dismissed from the team program for violating the contract or elects to "take time off", there is no responsibility on behalf of Chameleon Gymnastics to reinstate him/her to team status. As vacancies occur in the team program, they are filled by new team members from the non-team program.

Competition

A child's membership on a team is acknowledgement that the individual has displayed the potential to be a competitive gymnast and enter into competitive meets. The single most important factor to gaining team status is the increased amount of time in the gym to acquire new skills. Being on team is not a guarantee that a student will immediately enter into competition. Team members will be offered as many competition opportunities as they need at their level. There may be circumstances where some team members may be offered more meets than others, due to the number of participants we are allowed to enter in certain meets. No child will enter a meet until they have consistently displayed a level of proficiency in practice that will insure a

positive result in competition. **Coaches may require a certain number of routines to be completed each week on each event to be eligible to compete.**

Parents this is what your minimum roll for competitions is:

1. Have your athlete to venues, meetings and checkpoints ON TIME!!
2. Have your athlete in proper uniform once inside the arena
3. Hair done BEFORE warm-ups

Chameleon is teaching your athlete valuable character traits including:

- Accountability
- Selflessness
- Team Work
- Dedication
- Integrity

Mobility

Mobility refers to a student moving through the levels of different teams. Many factors enter into this decision of whether or not a child is ready to move to the next level. First, it is important to understand that all coaches at Chameleon Gymnastics want each child to be the best they can be and will make their best effort to make that happen. Also, Chameleon Gymnastics and its coaches are interested in maintaining an acceptable standard of performance to meet that of the state, region & nation.

First and foremost it is important to have skill acquisition. A student must be able to perform the skills required for the next level with an acceptable degree of proficiency and consistency. **Consistent attendance to training sessions is of great importance. Competitive success at the latest participated level is also taken into consideration.** It should be understood that the time spent in a specific level IS NOT a factor for mobility! Therefore, moving up levels should not be expected, unless the conditions described above are met, regardless of the time spent at that level. It should be expected that a child **remain in a level for 2 seasons**. As always, there are exceptions to this policy and each child will be evaluated individually and will be the sole decision of the team coaches.

Competition Uniform

Each competitive athlete must have a team uniform. The expense of the uniform is the responsibility of each individual student. Uniforms are generally ordered during the fall months for USAG team members. Announcements regarding ordering team uniforms will be made several weeks prior to ordering. Every effort will be made to provide attractive, fashionable, quality uniforms at reasonable costs. All uniforms must be the same; therefore, homemade or privately tailored leotards, jerseys, etc. will not be acceptable.

Uniform requirements are as follows:

Competition shirts, shorts, pants and socks. Team warm ups must also be worn to each meet.

The name Chameleon Gymnastics on our uniforms **may not be** used for any activities outside of our gym. This means that any sweats, leotards and gym bags that are used in competition **MAY NOT** be brought to school or used for daily wear. Only activities sanctioned by Chameleon Gymnastics will use our name and uniforms. If uniforms do not have the name Chameleon Gymnastics on them, they too, may not be used outside of competition purposes. Uniforms are updated every 2 to 3 years.

Floor Routines

USAG Optional routines will be a professionally choreographed routine, which will be handled through our staff. Further information regarding price will be provided directly by the coach choreographing the routine. A separate charge may be assessed for both the purchase of music and the choreography of the routine. These charges are the responsibility of the family.

Future travel:

Attending meets outside one's own gym is a vitally important aspect of team competition. Traveling beyond the boundaries of the student's gym is a vehicle that provides an athlete the opportunity to grow and develop. Gymnasts aspiring to achieve state, regional or national level status cannot do that without going outside of their own state. They need to see gymnasts from other areas and recognize just how keen the competition is. Hence, traveling away from their own gym helps to broaden their horizons and develop a better concept as to what is expected of them.

Out of state travel is an important element of competition for the reasons listed above. Gymnasts are expected to travel and represent their team. Chameleon Gymnastics may **REQUIRE** teams to travel to 1 out-of-state meet each season which shall be determined by the coaching staff. This is in addition to post season competition i.e. Regional's and/or Nationals.

When a gymnast travels out of state, parents are encouraged to attend. If a parent is unable to attend, a responsible party must be arranged for that student. If a responsible party is unable to be arranged, then it is required that the coaching staff be notified immediately for arrangements to be made. Team functions take priority over family convenience at out of town meets. Team members are expected to do things as a team at the direction of the coach in charge (warm-up, etc.). Any time that is left over after all team requirements have been fulfilled is free to be spent with family and/or parents, (i.e. dining out, visiting relatives, sightseeing, etc.) Again, the mandatory out-of-state competition for all levels will be chosen by the coaching staff.

All team members and coaches are expected to try and stay at the same hotel when traveling out of state or at a hotel close to the team hotel. Flight arrangements are to be made by individual families with the understanding that every effort must be made to adhere to the team schedule of events. (I.e. practice and competition schedules). Travel arrangements need to be made so that the fewest days of practice at either Chameleon Gymnastics or a visiting gym are missed.

SWIMMING IS STRONGLY DISCOURAGED 24 HOURS BEFORE THE COMPETITION. If a gymnast breaks the rules of travel or curfew (as discussed on every trip) he/she may be withdrawn from the competition. This decision rests entirely on the discretion of the coach in charge. If such an incident should occur, the gymnast's family will be responsible for reimbursing all funds that were paid for travel and competition.

Coaches' fees for travel and for non-travel meets

All travel outside the area for competition will be done at the expense of the team. The gymnasts involved in traveling to a meet will be responsible for paying their pro-rated share of all of the coaches' transportation, lodging, and per diem for meals based on the IRS reimbursement guidelines. **ALL** meets, including in state and out-of-state, will be attended by a **minimum of 2 coaches each**. If the amount of coaches is less than 2 or more than 2 for an out of state meet, it is due to a careful decision agreed upon by the Chameleon Gymnastics staff. If a gymnast drops out of a meet due to injury or illness, they may still be required to pay a portion of the coach's fees.

Rules and guidelines for successful team/pre-team membership

1. Team/Pre-Team members should always report on time for training. Warm-up is an important part of the training process. The flexibility gained from your warm-up is how the body gets ready for activity. A good warm up limits potential injury. Being on time for warm-up also shows respect and sets a disciplined tone for training sessions and goals and objectives are discussed. Being on time is VERY important.
2. Team/Pre-Team members must train in a leotard only. Other clothing presents a potential spotting problem and/or safety issue and are not deemed to be the standard of dress within our sport.
3. Team/Pre-Team members must listen to, respect and adhere to the training outline established daily by the coach. Disrespect will not be tolerated and immature attitudes are discouraged. Major conduct violations include uncalled for crying or pouting, cheating on assignments, lying, unproductive effort, improper tone of voice or improper body language when addressing teammates, coaches and/or other adults.
4. Belly button and/or nose piercings are a safety hazard and are not allowed. Tattoos are also discouraged.
5. Bathroom and drink breaks should be kept to a minimum. Please ask for permission to leave for the restroom as it informs the coach as to your location.
6. All gymnasts are expected to behave like committed athletes, adhering to the same rules regarding substance abuse as our schools. **Drinking & doing drugs are not permitted**

and will not be tolerated. Knowledge of such behavior will require a meeting with the parents and gymnast, and may be cause for termination from the team program. Everyone should understand that this type of behavior is not only illegal, but can create serious safety issues in a sport like gymnastics. The coaching staff expects to be told of any incidents involving our team members by anyone who has knowledge of such behavior.

7. Tuition and meet fees **MUST BE CURRENT** and not in arrears in order for a team member to remain on the team and to participate in current and/or upcoming meets. In addition to specific team policies, all general rules and regulations apply to all members of Chameleon Gymnastics. Please read these rules at your convenience. Chameleon Gymnastics further reserves the right to refuse membership and/or accept payment from any parent, guardian, or gymnast who does not comply with all rules and regulations.
8. Gossiping on any type, either written or verbal will not be tolerated in any degree and **will be cause for dismissal from the Chameleon Gymnastics team program.** Gossip is defined but not limited to, casual and idle chat, rumor or talk of a personal, sensational, or intimate nature, a person who habitually spreads intimate or private rumors or facts. Those who gossip ruin reputations, harm others and for no other reason than to benefit their own ego. The person being gossiped about is not helped but in fact, harm is being done to them. Chameleon Gymnastics will **NOT TOLERATE** any negative discussion or gossip about any coach, staff member or other team member. Any issues or concerns about a coach, staff member or team member needs to be addressed directly with that individual and with **NO OTHER** parties.
9. Parents should not disrupt training by talking to or motioning to your gymnast. Distractions can create an undisciplined training environment or cause an injury. Parents need to remember that, although they are encouraged to discuss suggestions that may assist the coach, training decisions are the responsibility of the coach. Likewise, parents should never approach a coach during training. Any concerns should be covered before or after training.
10. Parents should inform the office when a child is unable to attend training. This effort will assist coaches in planning daily requirements, goals and objectives. It also shows a certain level of respect for the program. Likewise, if a child has to leave practice early, please inform the coach at the beginning of training so that they may make any adjustments to the day's assignments.
11. Due to lack of seating available in the gym, team member families are asked to observe training **ONLY** during the first week of the month. It is our experience over many years that parents who watch every day become overly involved in their child's sport. This is not healthy. **Enrolling your child in our program means you are trusting us with your child. Commit to that trust and let the coaches coach your child.** Your child will feel less pressure from you and you will see more progress when you watch your child less often.

12. Parents of Team/Pre-Team members are expected to enforce good nutritional eating habits. Our motto is simply make good choices. Junk food should be seldom associated with any athlete's diet. Sound eating habits are a catalyst to productive training.

Parent/Coach Relationship

As a parent, we depend upon you to provide us with valuable information that will enhance your child's performance. You have a responsibility to tell us about problems, fears, anxieties, frustrations, illness, peer-group conflicts, etc. We welcome your input, as it helps us to better coach your child. Please do not feel that any concern is too small or too trivial. Any discussion that will have a positive effect on your child's growth is worthwhile. You are paying for a service, and your concern helps us to better provide that service.

Parents and gymnasts are expected to address ANY concerns or questions regarding the team program directly to the head coaches. Gossiping by parents and/or gymnasts will not be tolerated and may be cause for dismissal from the gym. We strongly encourage everyone to go directly to the parties in the gym who can best answer any concerns. Whenever possible, that should begin with the coaches.

Since the inception of Chameleon Gymnastics, we have developed credibility within our industry. We have consistently proven that our teams are prepared for every situation. Please rest assured that everything we do will be for the long-term benefit of your child, and that we always have his/her best interests in mind. We are hopeful that your child's tenure on our team will be an overall enjoyable experience that will provide him/her with a multitude of life-like situations, and the ability to make decisions in a grown-up, mature manner.

Required Forms for Team/Pre-Team Members

Each competitive team member is required to have on file with the Chameleon Gymnastics office the following forms:

1. Registration Form
2. Emergency Information and Treatment Form
3. Team Agreement Form

It is most important that all forms be on file at our office BEFORE your Team/Pre-Team member is involved in training. Failure to observe this request may result in restriction from training, competition and/or travel. All forms should be updated annually and when changes occur in recorded information.



2014/2015 TEAM/PRE-TEAM AGREEMENT & UNDERSTANDING

Communication is the key to the successful operation of any organization. The following is merely our attempt to make sure that we have done our best to inform you of all the rules, policies & procedures related to being a competitive team member at Chameleon Gymnastics.

- ◆ We, the parent(s)/legal guardian(s) of _____, have read & fully understand the contents of the Chameleon Gymnastics Team/Pre-Team Handbook. We accept the commitments & responsibilities outlined within.
- ◆ We understand the section entitled “**COMPETITIVE TEAM/PRE-TEAM REQUIREMENTS**” and its related tuition policies including:
 - A) Monthly tuition is due on the 1st of every month and Chameleon Gymnastics reserves the right to modify tuition amount at any time
 - B) Tuition is considered late as of the 8th of each month & you will be assessed a late payment fee of \$20.00
 - C) After the 15th of every month, any unpaid tuition will be assessed a 1.5% interest charge
 - D) Athletes may not train if the outstanding tuition is more than \$500.00 in arrears and are required to enroll in auto-pay once their balance reaches this point.
- ◆ We fully understand the section concerning the paid “**30-DAY NOTICE OF DEPARTURE**” and agree to abide by this policy. The 30-day notice gives the staff time to work through sometimes trivial problems, gives the athlete time to reflect on their decision to retire and assists us in planning our financial commitment to staff. Notice is **REQUIRED IN WRITING** for Team & Pre-Team members.
- ◆ We understand that the Team/Pre-Team program at Chameleon Gymnastics is a year-round commitment and that your son/daughter’s spot is reserved for them, therefore, we do not prorate nor refund tuition for any reason including injuries.
- ◆ We understand that gymnastics is inherently a dangerous sport as is any sport that involves speed, height & rotation. We acknowledge that potentially serious injuries, even paralysis & death COULD result from participation in this sport.
- ◆ Chameleon Gymnastics reserves the right to take any unpaid/delinquent account to court. Any and all court costs regarding the claim will become the responsibility of the persons named on the account. Fees may include but are not limited to the following: Court filing fees, all mileage, all miscellaneous court costs & hourly fee for employee who attends the court proceedings.

Parent/Legal Guardian Signature

Date:

Parent/Legal Guardian Signature

Date: